

Wellness Con - 2019

International Conference on Wellness

November 8, 9 & 10, 2019

Chhatrapati Shahu Ji Maharaj University, Kanpur, India

Organizers



University Institute
of Health Sciences
CSJM University, Kanpur



PRAYATNA



Second Announcement

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Invitation

Dear Sir/Madam

With immense pleasure, we most cordially invite you to 'Wellness Con-2019', International conference on Wellness, at Chhatrapati Shahu Ji Maharaj University, Kanpur from 8th to 10th November, 2019. We also extend a warm welcome, greetings and felicitations to the distinguished guests, enthusiastic participants and the delegates who are being instrumental in making this event possible. The stage is all set to welcome you to this International conference which has meticulously been planned be fitting the theme & we are confident that it will certainly meet your expectations.

Till date more than eight hundred delegates have been registered. In this conference, key note addresses and session addresses have been arranged. Eminent speakers from abroad & all over the country have given their consent to deliver their talk on various topics. Out of them seven speakers are Padma Awardees.

Apart from widespread scientific bonanza we have also organized delicious feasts, sumptuous dinners & super fascinating cultural evenings.

We think this Wellness Con will provide a platform to the participants to develop healthier lifestyle by supporting adoption of habits and attitudes to their positive well-being. This conference will encourage participants personal and professional productivity and physical and mental well being. It will help in establishing and maintaining an environment that promotes general health and will provide information, activities and services designed to support healthy lifestyle choices. It will increase awareness of factors and resources contributing to well being.

The organizers & faculty will be delighted to be with you during the conference and we hope that your active participation will make it, a memorable event.

Kindly register yourself if already not registered.

With regards,



Chairperson
Dr. A.S. Prasad
Senior Orthopedic Surgeon, Kanpur



Chief Patron
Prof. Neelima Gupta
Vice Chancellor, CSJM University
Kanpur, India



Convener
Dr. Praveen Katiyar
Coordinator, University Institute of Health Sciences



Speakers

Eminent speakers confirmed till 23 September, 2019

Speakers from Abroad



Prof. Gundu H. R. Rao
Emeritus Professor
Dept. of Laboratory Medicine and Pathology
University of Minnesota, MMC Box 609, University of Minnesota
Minneapolis, MN



Prof. Dr. Said I. Shalaby
Professor of Tropical Medicine
Hepatology & Gastroenterology, NRC
Vice President, Academy of Scientific Research & Technology
Cairo, Egypt



Prof. Theeshan Bahorun
Chair in Applied Biochemistry
ANDI Centre of Excellence for Biomedical & Biomaterials Research
University of Mauritius
Reduit, Mauritius



Prof. Dr. Hari S. Sharma
Dept. of Pathology
Institute of Cardiovascular Research, VUMC
University Medical Centre,
Amsterdam, The Netherlands



Prof. Dileep Kumar Jha
Professor
Dept. of Aquatic Resources
Director, Curriculum Development Centre
Agriculture and Forestry University
Rampur, Chitwan
Nepal



Prof. Hamida Khanum
Department of Zoology
Dhaka University, Dhaka
Bangladesh

Speakers from India



Prof. K.K. Talwar, Padma Bhushan
Ex- Director & Head
Department of Cardiology
Postgraduate Institute of Medical Education and Research, (PGIMER)
Chandigarh
Chairman, Dept. of Cardiology, Max Healthcare Institute, Saket, New Delhi



Prof. Anoop Misra, Padma Shri
Chairman, Fortis-C-DOC Centre of Excellence for Diabetes, Metabolic Diseases and Endocrinology
Chairman, National Diabetes, Obesity and Cholesterol Foundation (N-DOC),
New Delhi



Dr. Mohsin Wali, Padma Shri
Former physician to the President of India, New Delhi
Sr. Consultant, Dept. of Medicine,
Sir Ganga Ram Hospital, New Delhi



Dr. Vikas Mahatme, Padma Shri
Mahatme Eye Bank & Eye Hospital,
Chintaman Nagar, Somalwada, Nagpur
Maharashtra
Member of Parliament, Rajyasabha



Prof. Rajan Saxena, Padma Shri
Head, Dept. of Gastro Surgery
Sanjay Gandhi Postgraduate Institute of Medical Sciences
Lucknow, UP



Prof. Ravikant, Padma Shri
Director
All India Institute of Medical Sciences, Rishikesh, Uttarakhand
Ex. Vice Chancellor
King George's Medical University UP
Lucknow, UP



Prof. Veena Tandon, Padma Shri
NASI Senior Scientist Platinum Jubilee Fellow, Biotech Park, Lucknow, UP
Formerly, Professor of Zoology
North-Eastern Hill University
Shillong, Meghalaya



Prof. M.L.B. Bhatt
Vice Chancellor
King George's Medical University UP
Lucknow, UP



Prof. Ashok Kumar
Vice Chancellor
Shri Kallaji Vedic University,
Nimbahara, Chittorgarh, Rajasthan,
Ex. Vice Chancellor
CSJMU, Kanpur & DDU, Gorakhpur
UP



Prof. J.K. Maniar
President
HIV Welfare Society, Mumbai
Consultant in HIV Medicine
Jaslok Hospital & Research Centre,
Saifee Hospital, Wockhardt Hospital,
and Bhatia Hospital, Mumbai



Prof. (Dr.) Arvind Kumar
Chairman, Centre for Chest Surgery
Director, Institute of Robotic Surgery
Sir Ganga Ram Hospital, New Delhi
Founder, Lung Care Foundation
President, Asso. of Surgeons of India
Former Prof., Surgery & Head, Thoracic & Robotic Unit, AIIMS, New Delhi



Brigadier Prof. R.K. Sharma, VSM
Director & Head
Inst. of Reproductive Medicine
IVF Centre
Primus Super Speciality Hospital
Chanakyapuri, New Delhi



Dr. Poornima K. Murthy
Director & Chief Consultant
Prajna Kuteera Ayurveda Centre
Abhijna International Academy of Ayurveda and Yoga
Mysore, Karnatak



Prof. Shridhar Dwivedi
Senior Consultant Cardiologist
National Heart Institute
East of Kailash, New Delhi
Ex. Principal
Hamdard Medical College
New Delhi



Mr. Himadri Sinha
Wellness Consultant
Co-Founder and Managing Partner
Oranje Training, a leading-edge
Learning & Development Company
headquartered in India with a global
footprint.
Baroda, Gujrat



Prof. R.C. Gupta
Senior Ophthalmologist
Principal
Lala Lajpat Rai Memorial Medical
College
Meerut, UP



**Prof. Sanjay Gupta
"Khushhaali Guru"**
Founder Khushhaali Happiness
Movement
Head, Stress Management & Wellness
Centre, BHU, Varanasi
Chairman, Positive Psychiatry
Speciality Section, Indian Psychiatry



Dr. Devendra Khandait
Deputy Director & Country Lead
State Health Systems
India Country Office
Bill & Melinda Gates Foundation
New Delhi

Speakers

Speakers from India



Prof. Surya Kant
Head, Dept. of Respiratory Medicine
King George's Medical University UP
President, Indian College of Allergy,
Asthma & Applied Immunology
President, National College of Chest
Physicians, India, 2019-20



Prof. A.K. Agarwal
Dean
Maulana Azad Medical College
New Delhi,
Chairman
National Program on Deafness



Dr. Sanjeev Gulati
Chairman, Nephrology
Fortis Group of Hospitals NCR
Secretary, North Zone Chapter of
Indian Society of Nephrology
Ex President
Delhi Nephrology Society



Prof. Sudhir Bhandari
Consultant Physician, Internal Medicine,
Diabetes & Endocrinology,
SMS Hospital, Jaipur
Principal & Controller
SMS Medical Hospital &
Attached Group of Hospitals
Hon. Physician to the Governor of
Rajasthan



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CEO, Malpani Trust "SHARAN"
Bajawada, Dewas, Madhya Pradesh
Ex. Advisor to task force on Organic
Farming for M.P.
Ex. Non-Government Member of
Biodiversity Board of M.P.
Founder Trustee, Shree Gramjyoti Trust



Prof. Shraddha Singh
Dept. of Physiology
King George's Medical University UP
Lucknow , UP



Prof. Rakesh Kumar Dixit
Dept. of Pharmacology & Therapeutics
King George's Medical University UP
Lucknow , UP



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Dean, Academics, in Institute of
Management Sciences (IMS)
Gurha Brahmana (Patoli)
Jammu, Jammu & Kashmir
Former Dean, Management Studies
BGSB University, Rajouri, J&K



Prof. Kadambri Gupta
Former Head
Dept. of Zoology
University of Jammu
Jammu & Kashmir



Prof. D.K. Gupta
Emeritus Professor
Bareilly College
Bareilly, U.P.



Prof. Dinesh K Saxena
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Department of Botany, Bareilly College
Bareilly, U.P.
Visiting Faculty
Masdar Institute of Technology
Abu Dhabi
Michigan Technological University, USA



Prof. Sunil Prakash Trivedi
Professor
Department of Zoology
University of Lucknow
Lucknow, UP



Prof. Anjali Agarwal
Professor (Biochemistry) &
Officer Incharge
GB Pant University of Ag. & Tech.
Agriculture Research Station
Majhera, Garampani, Nainital
Uttarakhand



Prof. B.N. Pandey
Department of Zoology
Magadh University
Bodhgaya
Bihar



Mr. Raman Nayar
Founder Director
KONNECT - Quad Global Connect P Ltd.
Ludhiana, Punjab
A first generation entrepreneur &
business strategist



Dr. Saranjeet Singh
Fitness & Sports Medicine Specialist
Sports Psychologist, NCHM(UK)
Fitness Trainer, ISSA(USA)



Dr. Suraj Kumar
Associate Professor
Paramedical Vigyan Mahavidhyalaya
UP University of Medical Sciences
Etawah, UP



Dr. V.P. Gupta
Chief Physiotherapist
Head-Physiotherapy unit, CTVS Dept.
Additional charge-CIMR
AIIMS, New Delhi

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E-mail : wellnesscon19@gmail.com, drpraveenkatiyar@gmail.com

Final programme will be sent very soon.

Call For Papers

Wellness Con -2019 invites research papers from the best of brains across the world covering topics related to Medical/Life Sciences/Pharmaceutical/Biotechnology/Ayurveda & all fields related to wellness.

You are cordially invited to share your research findings in respective fields before an international audience.

Submit scientific abstracts/papers. Submitted/selected scientific abstracts/papers will be published in Souvenir and Abstract book of Wellness Con-2019.

Its time to make your mark as a professional researcher!

Important Guidelines for Abstract Submission :

The submission should include :

1. Name of authors, their address or affiliation, e-mail & phone numbers should be clearly mentioned.
2. It should be typed in English on A-4 size paper using single space with one inch margin on each side. The text should be typed in 12pt size using Times New Roman Font.
3. Text should be justified on both ends and start with a title followed by Author's details, Abstract & Keywords.
4. Title should be descriptive and concise and should not exceed 50 words. Abstract should not exceed 200 words.
5. At least one of the authors must be pre-registered for the conference, Wellness Con-2019.
6. E-mail the M.S. Word file of your abstract to the Convener, Wellness Con-2019 at
email ID: wellnesscon19@gmail.com
7. For manuscript preparation, please refer - "Instructions to author" link of www.ijw.co.in

Best paper & best poster will be awarded in the Valedictory function of Wellness Con-2019 .

Full length paper publication

Papers submitted and presented at the conference will be published in the *International Journal of Pharmaceutical Sciences and Research* (ISSN: 2320-5148, UGC approved and indexed in Thomas Reuters, PubMed(selected citations), EMBASE-Elsevier, ICAAP, PSOAR, Index Copernicus & Open-J-Gate etc.) and *International Journal of Wellness* (ISSN: 2394-2169), subject to their acceptance by the review committee, immediately after the conference.

Authors of accepted abstracts have to submit full length manuscript according to "Instructions to Authors" link on www.ijpsr.com or www.ijw.co.in

Dates to remember:

- Abstract submission : 26th Oct., 2019 ● Abstract acceptance confirmation: 29th Oct., 2019
- Full paper/PPT file submission: 31st Oct., 2019 ● Poster Submission: 08th Nov., 2019 ● The conference: 08, 09 & 10 Nov., 2019

Delegate Registration Open.

Registration

Register Now!

Fee Structure

Category	From 01 Sept. to 31 Oct., 19	Spot (01 Nov., 2019 onwards)
Overseas Participants (In USD)		
Delegates (Professionals / Academicians)	350	400
Students	250	300
Accompanying Person	175	200
Delegates (Industry)	450	500
Participants from India (in INR)		
Delegates (Professionals / Academicians)	3800	4200
Prayatna Members	2500	3000
Students	2500	3000
Accompanying Person	1800	2200
Delegates (Industry)	5000	6000

Note:

- The registration fee includes conference kit, participation in conference, food and entry to the socio-cultural programme.
- Accommodation facility will be made available on demand & will be charged as applicable.
- Registration can either be done by sending duly filled form to us by email with softcopy of delegate fee deposition at Bank/Electronic Transfer or Forward duly filled registration form along with requisite amount by Demand Draft/Cheque Favoring "WELLNESS CON", payable at Kanpur to the conference secretariat -
" University Institute of Health Sciences,
CSJM University Campus, Kanpur
(U.P.) - 208 024, India ."

DETAILS FOR ELECTRONIC TRANSFER

Account Name : WELLNESS CON Account No. : 349502010998088
Bank Name : Union Bank of India Branch : Kalyanpur, Kanpur
IFSC Code : UBIN0534951 PAN No. : AADAP0472F



Wellness Con- 2019 International Conference on Wellness

November 8, 9 & 10, 2019
CSJM University, Kanpur, India



University Institute
of Health Sciences
CSJM University, Kanpur

Organizers



PRAYATNA

Delegate Registration Form

Title: Professor Dr Mr Mrs Ms

First Name:

Last Name:

Gender: Male Female Transgender

Category: Professional or Academician Student Delegate (Industry)

Organization:

Position:

Postal Address:

Pin/Zip: Country: Mobile No.:

E-mail:

Accompanying person : Yes No

If yes then, name of accompanying person :

Whether Accommodation required : Yes (charges applicable) No

Presentation : Yes No

Title of Paper:

Type of Presentation: Oral Poster

Name of Presenting Author :

Payment Details :

Payment for: Delegate Fee Accompanying person Fee Accommodation Charges

Mode of Payment: Cheque Cash Demand Draft Electronic Transfer

Total Amount: \$/₹ Amount in words

Cheque / DD / Electronic Transfer No.: Date:

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Note: Please fill all the details in Capital letters.

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2018-19



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Kanpur Ophthalmic Society
Nursing Homes Association, Kanpur



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GSVM Medical College, Kanpur
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State Ayurvedic College & Hospital,
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Member,
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Central Council of Indian Medicine



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Therapeutic Endoscopist
Abha Superspeciality Hospital &
CN Gastro Care Center, Kanpur
Director
Kingsway Healthcare Pvt. Ltd.



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Fellow Aesthetic Medicine (Germany)
Director
Fortune Hospital Kanpur



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Ex. President
Indian Medical Association, Kanpur



Dr. Raghuveer Mathur
Aesthetic Physician
Obesity & Weight Management
Specialist
Chapter Chairman
AIAARO - All India Association For
Advancing Research in Obesity. UP
chapter



Dr. Rahul Mishra
Consultant-Dermatology, Venerology
& AIDS Medicine
Secretary General
HIV Welfare Society of India
2016-18, 2018-2020
Ex. Hony. Secretary,
Indian Medical Association, Kanpur



Dr. Ravi Kumar
Senior Consultant Psychiatrist
Ex- President
Indian Association of Psychiatrists
Central Zone
Ex-Secretary
Indian Medical Association, Kanpur



Dr. Rishi Shukla
Senior Endocrinologist
Regency Hospital
Kanpur



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Consultant and Surgeon
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President, IMA Kanpur
Ex. President, FOGSI Kanpur



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Professor
Dept. of ENT, GSVM Medical College,
Kanpur



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Senior Consultant, Laparoscopic
Obesity & General Surgeon
President - SAARC Surgical Care Society
Director- Social Welfare Council - ASI
Ex. President
The Association of Surgeons of India
Indian Medical Association, Kanpur



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Consultant Pulmonologist &
Interventionist, Kanpur



Dr. Umesh Paliwal
Senior Pathologist
Managing Director
Paliwal Diagnostics Pvt. Ltd., Kanpur



Dr. Vikas Mishra
Consultant Microbiologist & Infectious
Diseases Specialist
National Level Trainer of Diagnosis of
Viral Hepatitis Under National Viral
Hepatitis Control Programme
Asso. Prof., Dept. of Microbiology
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Wellness Con - 2019



Prof. Neelima Gupta

Vice Chancellor, CSJM University, Kanpur & Chief Patron, Wellness Con - 2019

Wellness Con will provide platform to the participants to develop healthier lifestyle by supporting adoption of habits and attitudes to their positive well-being. The aim of the this conference is to promote and support research work that will encourage the wellness of nation.



Prof. S.K. Katiyar

Ex-Principal, GSVM Medical College, Kanpur & Patron, Wellness Con - 2019

This conference will encourage participants' personal and professional productivity, physical and mental well being. It may help in making and implementing policies that support healthy individual, healthy society and healthy nation.



Prof. Meera Agnihotri

Ex- Head, Obs.& Gynae. dept. GSVM Medical College, Kanpur & Patron, Wellness Con - 2019

Wellness Con - 2019 is dedicated to establishing and maintaining an environment that promotes general health and it will provide information, activities and services designed to support healthy lifestyle choices.



Dr. Madhu Loomba

Managing Director Madhuraj Hospital, Kanpur & Patron, Wellness Con - 2019

The conference shall be a foster to worksite culture that will support participant's desire to make healthy lifestyle. It will increase awareness of factors and resources contributing to well-being.



Prof. S.P. Singh

GMC, Jalaun President, Prayatna & Patron, Wellness Con - 2019

There are eight dimensions of wellness: Social, Physical, Emotional, Occupational, Financial, Spiritual, Environmental and Intellectual. Each dimension of wellness is interrelated with another. The conference is focusing on all the dimensions of Wellness.



Chairperson

Dr. A.S. Prasad

Senior Orthopedic Surgeon Kanpur President Ekal Kanpur Region Swasth Samaj Samiti Kanpur



Convenor
Dr. Praveen Katiyar
Co-Ordinator
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