



### Dear Sir/Madam

With immense pleasure, we most cordially invite you to 'Wellness Con-2019', International conference on Wellness, at Chhatrapati Shahu Ji Maharaj University, Kanpur from 8th to 10th November, 2019. We also extend a warm welcome, greetings and felicitations to the distinguished guests, enthusiastic participants and the delegates who are being instrumental in making this event possible. The stage is all set to welcome you to this International conference which has meticulously been planned be fitting the theme & we are confident that it will certainly meet your expectations.

Till date more than eight hundred delegates have been registered. In this conference, key note addresses and session addresses have been arranged. Eminent speakers from abroad & all over the country have given their consent to deliver their talk on various topics. Out of them seven speakers are Padma Awardees.

Apart from widespread scientific bonanza we have also organized delicious feasts, sumptuous dinners & super fascinating cultural evenings.

We think this Wellness Con will provide a platform to the participants to develop healthier lifestyle by supporting adoption of habits and attitudes to their positive well-being. This conference will encourage participants personal and professional productivity and physical and mental well being. It will help in establishing and maintaining an environment that promotes general health and will provide information, activities and services designed to support healthy lifestyle choices. It will increase awareness of factors and resources contributing to well being.

The organizers & faculty will be delighted to be with you during the conference and we hope that your active participation will make it, a memorable event.

Kindly register yourself if already not registered.

With regards,



## Speakers

### Eminent speakers confirmed till 23 September, 2019

### **Speakers from Abroad**



#### Prof. Gundu H. R. Rao Emeritus Professor

Dept. of Laboratory Medicine and Pathology University of Minnesota, MMC Box 609, University of Minnesota Minneapolis, MN



#### Prof. Dr. Hari S. Sharma Dept. of Pathology Institute of Cardiovascular Research,

VUMC University Medical Centre, Amsterdam, The Netherlands



Prof. Dr. Said I. Shalaby Professor of Tropical Medicine Hepatology & Gastroenterology, NRC Vice President, Academy of Scientific Research & Technology Cairo, Egypt

#### Prof. Dileep Kumar Jha

Professor Dept. of Aquatic Resources Director, Curriculum Development Centre

Agriculture and Forestry University Rampur, Chitwan

### **Speakers from India**

Nepal

Prof. Anoop Misra, Padma Shri

# Bangladesh

Dr. Mohsin Wali, Padma Shri

Prof. Theeshan Bahorun Chair in Applied Biochemistry

University of Mauritius

Prof. Hamida Khanum

Department of Zoology

Dhaka University, Dhaka

Reduit, Mauritius

ANDI Centre of Excellence for

**Biomedical & Biomaterials Research** 



Prof. K.K. Talwar, Padma Bhushan Ex- Director & Head Department of Cardiology Postgraduate Institute of Medical Education and Research, (PGIMER) Chandigarh

Chairman, Dept. of Cardiology, Max Healthcare Institute, Saket, New Delhi



Dr. Vikas Mahatme, Padma Shri Mahatme Eye Bank & Eye Hospital, Chintaman Nagar, Somalwada, Nagpur Maharshtra Member of Parliament, Rajyasabha

Prof. Veena Tandon, Padma Shri

Fellow, Biotech Park, Lucknow, UP

Formerly, Professor of Zoology

North-Eastern Hill University

HIV Welfare Society, Mumbai

Jaslok Hospital & Research Centre,

Consultant in HIV Medicine

Shillong, Meghalaya

Prof. J.K. Maniar

President

NASI Senior Scientist Platinum Jubilee



Prof. M.L.B. Bhatt Vice Chancellor King George's Medical University UP Lucknow, UP

# Prof. (Dr.) Arvind Kumar



Chairman, Centre for Chest Surgery Director, Institute of Robotic Surgery Sir Ganga Ram Hospital, New Delhi Founder, Lung Care Foundation President, Asso. of Surgeons of India Former Prof., Surgery & Head, Thoracic & Robotic Unit, AllMS, New Delhi

Prof. Shridhar Dwivedi Senior Consultant Cardiologist National Heart Institute East of Kailash, New Delhi Ex. Principal Hamdard Medical College New Delhi



Prof. Sanjay Gupta "Khushhaali Guru" Founder Khushhaali Happiness Movement Head, Stress Management & Wellness Centre, BHU, Varanasi Chairman, Positive Psychiatry Speciality Section, Indian Psychiatry

#### Former physician to the President of India, New Delhi Sr. Consultant, Dept. of Medicine, Sir Ganga Ram Hospital, New Delhi

Prof. Ravikant, Padma Shri

Director



All India Institute of Medical Sciences, Rishikesh, Uttarakhand Ex. Vice Chancellor King George's Medical University UP Lucknow, UP Prof. Ashok Kumar



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Chanakyapuri, New Delhi

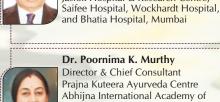


#### Wellness Consultant Co-Founder and Managing Partner Oranje Training, a leading-edge Learning & Development Company headquartered in India with a global footprint. Baroda, Gujrat

### Dr. Devendra Khandait



Deputy Director & Country Lead State Health Systems India Country Office Bill & Melinda Gates Foundation



Dr. Poornima K. Murthy Director & Chief Consultant Prajna Kuteera Ayurveda Centre Abhijna International Academy of Ayurveda and Yoga Mysore, Karnatak



Prof. R.C. Gupta Senior Ophthalmologist Principal Lala Lajpat Rai Memorial Medical College Meerut, UP



Chairman, Fortis-C-DOC Centre of Excellence for Diabetes, Metabolic Diseases and Endocrinology Chairman, National Diabetes, Obesity and Cholesterol Foundation (N-DOC), New Delhi

Prof. Rajan Saxena, Padma Shri Head, Dept. of Gastro Surgery Sanjay Gandhi Postgraduate Institute of Medical Sciences Lucknow, UP

## Speakers

### **Speakers from India**

Maulana Azad Medical College

National Program on Deafness

CEO, Malpani Trust "SHARAN"

Ex. Non-Government Member of

Dean, Academics, in Institute of

Former Dean, Management Studies BGSB University, Rajouri, J&K

Department of Botany, Bareilly College

Management Sciences (IMS)

Gurha Brahmana (Patoli)

Prof. Dinesh K Saxena

**Emeritus Professor** 

Bareilly, U.P.

Jammu, Jammu & Kashmir

Biodiversity Board of M.P.

Bajawada, Dewas, Madhya Pradesh

Ex. Advisor to task force on Organic

Founder Trustee, Shree Gramjyoti Trust

Mr. Deepak Suchde

Farming for M.P.

Prof. S.K. Gupta

## Prof. A.K. Agarwal

Dean

New Delhi,

Chairman



#### Prof. Surya Kant Head, Dept. of Respiratory Medicine King George's Medical University UP President, Indian College of Allergy, Asthma & Applied Immunology President, National College of Chest Physicians, India, 2019-20



Prof. Sudhir Bhandari Consultant Physician, Internal Medicine, Diabetes & Endocrinology, SMS Hospital, Jaipur Principal & Controller SMS Medical Hospital & Attached Group of Hospitals Hon. Physician to the Governor of Rajasthan

Prof. Rakesh Kumar Dixit Dept. of Pharmacology & Therapeutics King George's Medical University UP Lucknow , UP



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Visiting Faculty Masdar Institute of Technology Abu Dhabi Michigan Technological University, USA

Prof. B.N. Pandey Department of Zoology Magadh University Bodhgaya Bihar

Etawah, UP

Dr. Suraj Kumar Associate Professor Paramedical Vigyan Mahavidhyalaya **UP University of Medical Sciences** 

Dr. V.P. Gupta Chief Physiotherapist Head-Physiotherapy unit, CTVS Dept. Additional charge-CIMR AIIMS, New Delhi

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Mob.: +91 9415132492, +91 9415510866, +91 6387048770, Tel.: +91-512-2585180, Fax: +91-512-2585180 E-mail : wellnesscon19@gmail.com, drpraveenkatiyar@gmail.com

Final programme will be sent very soon.

#### Dr. Sanjeev Gulati



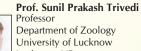
Chairman, Nephrology Fortis Group of Hospitals NCR Secretary, North Zone Chapter of Indian Society of Nephrology Ex President Delhi Nephrology Society



Prof. Shraddha Singh Dept. of Physiology King George's Medical University UP Lucknow , UP



Prof. Kadambri Gupta Former Head Dept. of Zoology University of Jammu Jammu & Kashmir



Mr. Raman Navyar

Founder Director

Ludhiana, Punjab

business strategist

Lucknow, UP



Prof. Anjuli Agarwal Professor (Biochemistry) & Officer Incharge GB Pant University of Ag. & Tech. Agriculture Research Station Majhera, Garampani, Nainital Uttarakhand



**Dr. Saranjeet Singh** Fitness & Sports Medicine Specialist Sports Psychologist, NCHM(UK) Fitness Trainer, ISSA(USA)



Wellness Con -2019 invites research papers from the best of brains across the world covering topics related to Medical/Life Sciences/Pharmaceutical/Biotechnology/Ayurveda & all fields related to wellness.

You are cordially invited to share your research findings in respective fields before an international audience.

Submit scientific abstracts/papers. Submitted/selected scientific abstracts/papers will be published in Souvenir and Abstract book of Wellness Con-2019.

#### Its time to make your mark as a professional researcher!

#### **Important Guidelines for Abstract Submission :**

The submission should include :

- 1. Name of authors, their address or affiliation, e-mail & phone numbers should be clearly mentioned.
- 2. It should be typed in English on A-4 size paper using single space with one inch margin on each side. The text should be typed in 12pt size using Times New Roman Font.
- Text should be justified on both ends and start with a title followed by Author's details, Abstract & Keywords. 3.
- 4. Title should be descriptive and concise and should not exceed 50 words. Abstract should not exceed 200 words.
- 5. At least one of the authors must be pre-registered for the conference, Wellness Con-2019.
- 6. E-mail the M.S. Word file of your abstract to the Convener, Wellness Con-2019 at email ID: wellnesscon19@gmail.com
- 7. For manuscript preparation, please refer "Instructions to author" link of www.ijw.co.in

#### Best paper & best poster will be awarded in the Valedictory function of Wellness Con-2019.

#### Full length paper publication

Papers submitted and presented at the conference will be published in the International Journal of Pharmaceutical Sciences and Research (ISSN: 2320-5148, UGC approved and indexed in Thomas Reuters, PubMed(selected citations), EMBASE-Elsevier, ICAAP, PSOAR, Index Copernicus & Open-J-Gate etc.) and International Journal of Wellness (ISSN: 2394-2169), subject to their acceptance by the review committee, immediately after the conference.

Authors of accepted abstracts have to submit full length manuscript according to "Instructions to Authors" link on www.ijpsr.com or www.ijw.co.in

#### Dates to remember:

- Abstract submission : 26<sup>th</sup> Oct., 2019
  Abstract acceptance confirmation: 29<sup>th</sup> Oct., 2019
- Full paper/PPT file submission: 31<sup>st</sup> Oct., 2019 Poster Submission: 08<sup>th</sup> Nov., 2019 The conference: 08, 09 & 10 Nov., 2019

### **Delegate Registration Open.**

## Registration

### **Register Now!**

#### **Fee Structure**

| 01 Sept. to<br>31 Oct., 19 | (01 Nov., 2019<br>onwards)   |
|----------------------------|--|
| ts (In USD)                |  |
| 350                        | 400  |
| 250                        | 300  |
| 175                        | 200  |
| 450                        | 500  |
| dia (in INR)               |  |
| 3800                       | 4200   |
| 2500                       | 3000   |
| 2500                       | 3000   |
| 1800                       | 2200   |
| 5000                       | 6000   |
|                            | 31 Oct., 19<br>ts (In USD)<br>350<br>250<br>175<br>450<br>dia (in INR)<br>3800<br>2500<br>2500<br>2500<br>1800 |

Branch

PAN No.

#### Account Name : WELLNESS CON Bank Name

IFSC Code

- : Union Bank of India : UBIN0534951
- Account No. : 349502010998088 : Kalyanpur, Kanpur AADAP0472F

#### Note:

- The registration fee includes conference kit, participation in conference, food and entry to the sociocultural programme.
- Accommodation facility will be made available on demand & will be charged as applicable.
- Registration can either be done by sending duly filled form to us by email with softcopy of delegate fee deposition at Bank/Electronic Transfer or Forward duly filled registration form along with requisite amount by Demand Draft/Cheque Favoring "WELLNESS CON", payable at Kanpur to the conference secretariat -
- " University Institute of Health Sciences, CSJM University Campus, Kanpur (U.P.) - 208 024, India ."

| Zellness Con-2019 |
|-------------------|

## Wellness Con- 2019 International Conference on Wellness

November 8, 9 & 10, 2019 CSJM University, Kanpur, India



University Institute of Health Sciences CSJM University, Kanpur

Organizers



| Delegate Registration Form  |
|---|
| Title: Professor Dr Mr Mrs Ms   |
| First Name:   |
| Last Name:  |
| Gender: Male Female Transgender   |
| Category: Professional or Academician Student Delegate (Industry)   |
| Organization:   |
| Position:   |
| Postal Address:   |
|   |
| Pin/Zip:Mobile No.:   |
| E-mail:   |
| Accompanying person : Yes No  |
| If yes then, name of accompanying person :  |
| Whether Accommodation required : Yes (charges applicable) No  |
| Presentation : Yes No   |
| Title of Paper:   |
| Type of Presentation: Oral Poster   |
| Name of Presenting Author :   |
|   |
| Payment Details :   |
| Payment for:  Delegate Fee  Accompanying person Fee  Accommodation Charges  |
| Mode of Payment: Cheque Cash Demand Draft Electronic Transfer   |
| Total Amount: \$/₹ Amount in words  |
|   |
| Cheque / DD / Electronic Transfer No.:Date:Date:  |
| Bank Name:Branch:   |
| Area / City: State: Country:  |
| Signature   |
| Note: Please fill all the details in Capital letters.   |
| This form may be photocopied or downloaded from the website <www.kanpuruniversity.org> or<br/><www.ijw.co.in> . You can send your form to us by post, fax or e-mail.</www.ijw.co.in></www.kanpuruniversity.org> |

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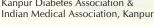
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2018-19



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Diabetes & Internal Medicine Ex Consultant Medicine, CGHS, Kanpur Ex. President Kanpur Diabetes Association &





Dr. Akhilesh Sharma Ex. President Indian Radiological & Imaging Association, UP Chapter



Dr. A.K. Agarwal Orthroscopist & Sports injury Specialist, Fellow Knee USA, Singapore, UKAO Fellow Switzerland, Tubingen, Germany Director Satya Hospital, Kanpur

Indian Medical Association, Kanpur

Indian Medical Association, Kanpur



Dr. A.K. Trivedi Senior Interventional Cardiologist, **Regency Hospital** Kanpur



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Consultant Gastroenterologist &

Abha Superspeciality Hospital &

CN Gastro Care Center, Kanpur

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(The Young Achiever Group)



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Education Committee (Ayurved) Central Council of Indian Medicine



Dr. Rashmi Rastogi Dermatologist & Cosmetologist Fellow Aesthetic Medicine (Germany) Director Fortune Hospital Kanpur



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Professor

Kanpur

Senior Consultant Psychiatrist Indian Association of Psychiatrists

Dr. Rishi Shukla Senior Endocrinologist Regency Hospital Kanpur



Dr. S.K. Misra Senior Consultant, Laparoscopic Obesity & General Surgeon President - SAARC Surgical Care Society Director- Social Welfare Council - ASI Ex. President The Association of Surgeons of India Indian Medical Association, Kanpur



Dr. Vikas Mishra Consultant Microbiologist & Infectious **Diseases Specialist** National Level Trainer of Diagnosis of Viral Hepatitis Under National Viral Hepatitis Control Programme Asso. Prof., Dept. of Microbiology G.S.V.M. Medical College, Kanpur Ex. Vice President, IMA Kanpur

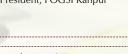


Dr. Rahul Mishra Consultant-Dermatology, Venerology & AIDS Medicine Secretary General HIV Welfare Society of India 2016-18, 2018-2020 Ex. Hony. Secretary, Indian Medical Association, Kanpur



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Interventionist, Kanpur

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## Wellness Con - 2019



#### **Prof. Neelima Gupta**

Vice Chancellor, CSJM University, Kanpur & Chief Patron, Wellness Con - 2019

Wellness Con will provide platform to the participants to develop healthier lifestyle by supporting adoption of habits and attitudes to their positive well-being. The aim of the this conference is to promote and support research work that will encourage the wellness of nation.



**Prof. S.K. Katiyar** Ex-Principal, GSVM Medical College, Kanpur & Patron, Wellness Con - 2019

This conference will encourage participants' personal and professional productivity, physical and mental well being. It may help in making and implementing policies that support healthy individual, healthy society and healthy nation.



Prof. Meera Agnihotri Ex- Head, Obs.& Gynae. dept. GSVM Medical College, Kanpur & Patron, Wellness Con - 2019

Wellness Con - 2019 is dedicated to establishing and maintaining an environment that promotes general health and it will provide information, activities and services designed to support healthy lifestyle choices.



Dr. Madhu Loomba Managing Director Madhuraj Hospital, Kanpur & Patron, Wellness Con - 2019

The conference shall be a foster to worksite culture that will support participant's desire to make healthy lifestyle. It will increase awareness of factors and resources contributing to well-being.



Prof. S.P. Singh GMC, Jalaun President, Prayatna & Patron, Wellness Con - 2019

There are eight dimensions of wellness: Social, Physical, Emotional, Occupational, Financial, Spiritual, Environmental and Intellectual. Each dimension of wellness is interrelated with another. The conference is focusing on all the dimensions of Wellness.



Swasth

Samaj Samiti

Dr. A.S. Prasad Senior Orthopedic Surgeon Kanpur President Ekal Kanpur Region Swasth Samaj Samiti Kanpur

Chairperson



Convenor Dr. Praveen Katiyar Co-Ordinator University Institute of Health Sciences Ex President Indian Medical Association Kanpur



DISCOVERY

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